

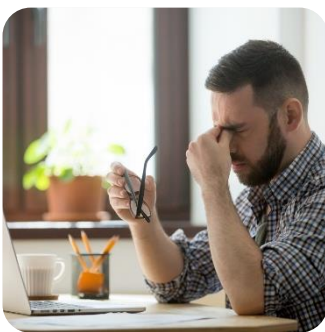
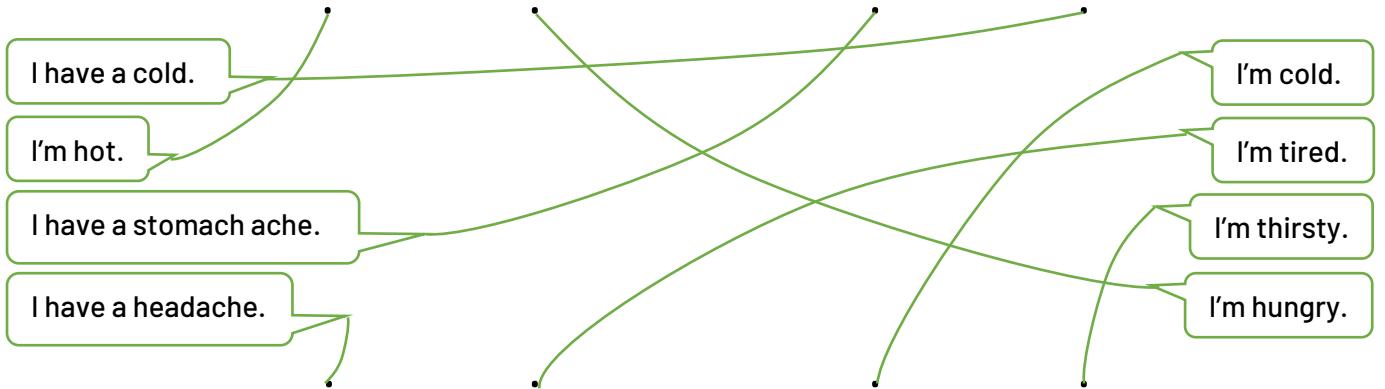
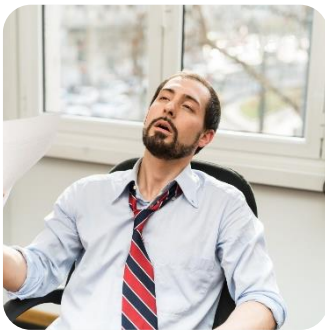
# Discomforts and Advice

## The Body

### - Teacher's Insights -

This low-level handout is designed to take around one hour. Extend it by adding more discomforts.

**Introduction:** Connect the pictures to the sentences.



**Giving Instructions:**

**Connect the instructions with the discomfort above.**

Discomfort

- I have a cold 1.
- I'm hot 2.
- I have a stomach ache 3.
- I have a headache 4.
- I'm cold 5.
- I'm tired 6.
- I'm thirsty 7.
- I'm hungry 8.

Instruction

- 6 Have a nap.
- 1 Call work and tell them you are sick.
- 4 Take a paracetamol.
- 5 Put on a jacket.
- 7 Drink some water or even some milk.
- 8 Have something to eat.
- 2 Turn on the fan.
- 3 Drink some water or take a long, hot bath.

# Discomforts and Advice

## The Body

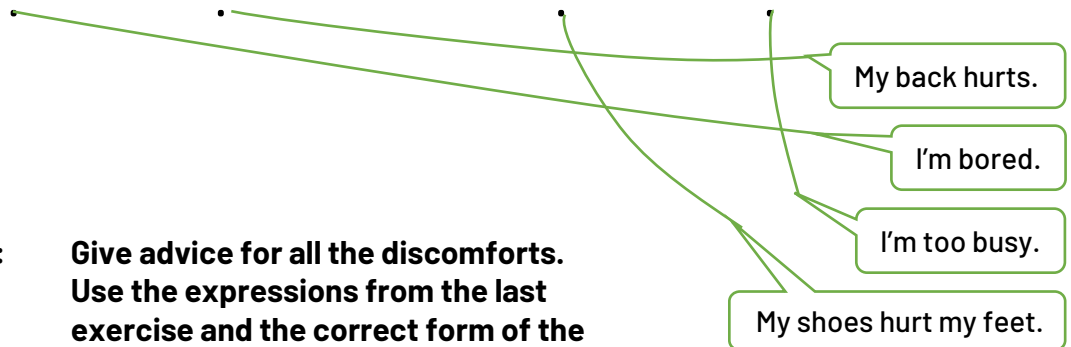
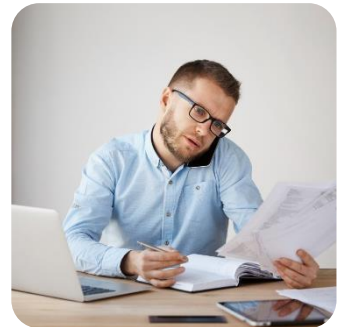
### Grammar I:

Below, the previous instructions are given as advice.  
Read them and decide if the expression (underlined in blue) is followed by an infinitive or gerund.

1. <u>Why not</u> have a nap?	why not	+	infinitive / <del>gerund</del>
2. You <u>should</u> call work.	should	+	infinitive / <del>gerund</del>
3. I <u>recommend</u> taking a paracetamol.	recommend	+	infinitive / gerund
4. You <u>could</u> put on a jacket.	could	+	infinitive / <del>gerund</del>
5. <u>Consider</u> drinking some water.	consider	+	infinitive / gerund
6. I <u>suggest</u> having something to eat.	suggest	+	infinitive / gerund
7. <u>What about</u> turning on the fan?	what about	+	infinitive / gerund
8. You <u>ought to</u> drink some water.	ought to	+	infinitive / <del>gerund</del>

### Introduction II:

Connect the next four images to the speech bubbles.



### Putting it all together:

Give advice for all the discomforts.  
Use the expressions from the last exercise and the correct form of the verb (gerund / infinitive).

e.g.: My shoes hurt my feet. → What about wearing some socks?  
You can create many combinations here. Try to get students to use as many as possible.

- My back hurts. → Why don't you lie down for an hour?
- I have a cold. → You should call work and tell them you are sick.
- I'm bored. → What about going for a walk?
- I'm thirsty. → You could drink some water.
- I'm hungry. → I recommend having something to eat.

- You can also add your own.
- I have a headache. → You ought to stop looking at the screen.
- I have a pain in my neck. → You should consider visiting a physiotherapist.