

# How Good is Your Memory?

online-friendly class by [ESLhome.es](https://www.eslhome.es)



**Speaking I: Do you identify with the following sentences?**

I love taking a trip down  
memory lane.



**Speaking I: Do you identify with the following sentences?**

I frequently lose my train  
of thought.



**Speaking 1: Do you identify with the following sentences?**

I always get songs stuck  
in my head.



**Speaking I: Do you identify with the following sentences?**

Important things often  
slip my mind.



**Speaking 1: Do you identify with the following sentences?**

I've got a memory like a  
sieve.



**Speaking I: Do you identify with the following sentences?**

I have many fond  
memories of my  
childhood.



**Speaking 1: Do you identify with the following sentences?**

I can learn song lyrics off  
by heart.





**Speaking I: Do you identify with the following sentences?**

I have a photographic  
memory.



**Speaking 1: Do you identify with the following sentences?**

I'm terribly forgetful  
when it comes to my  
social life.



**Speaking 1: Do you identify with the following sentences?**

Names just go in one ear  
and out the other.



**Speaking 1: Do you identify with the following sentences?**

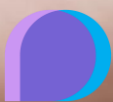
I regularly have senior moments.



**Speaking I: Do you identify with the following sentences?**

My short-term memory  
is awful.





**Vocabulary:** Fill the gaps with the words from the boxes.  
Then, answer the questions.

vaguely	vividly	from	jog	earliest	rings
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1. When you can't remember something, what helps to \_\_\_\_\_ your memory?
2. Are you able to recite any poems \_\_\_\_\_ memory?
3. What is your \_\_\_\_\_ memory? How clearly are you able to remember it?
4. Do you ever find that someone's face \_\_\_\_\_ a bell, but you don't know why?
5. Can you think of a place from your childhood that you remember only \_\_\_\_\_?
6. What about a place that you remember \_\_\_\_\_?



**Vocabulary:** Fill the gaps with the words from the boxes.  
Then, answer the questions.

vaguely	vividly	from	jog	earliest	rings
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1. When you can't remember something, what helps to **jog** your memory?
2. Are you able to recite any poems **from** memory?
3. What is your **earliest** memory? How clearly are you able to remember it?
4. Do you ever find that someone's face **rings** a bell, but you don't know why?
5. Can you think of a place from your childhood that you remember only **vaguely**?
6. What about a place that you remember **vividly**?





**Speaking II: Read the following points and decide:  
Do you think they are signs of memory loss or just  
normal memory lapses?**

After shopping, you can't *for the  
life of you* remember where in  
the car park you parked.



**Speaking II: Read the following points and decide:  
Do you think they are signs of memory loss or just  
normal memory lapses?**

You can't remember the title of a book you read a couple of weeks ago (and quite enjoyed).



**Speaking II: Read the following points and decide:  
Do you think they are signs of memory loss or just  
normal memory lapses?**

You can't remember the main parts of the storyline of the book you read (and quite enjoyed).



**Speaking II: Read the following points and decide:  
Do you think they are signs of memory loss or just  
normal memory lapses?**

You need your friend to tell you  
his address a few times in order  
to remember it.



**Speaking II: Read the following points and decide:  
Do you think they are signs of memory loss or just  
normal memory lapses?**

You get lost driving a route you knew perfectly about five years ago, but now you can't remember where to go.



**Speaking II: Read the following points and decide:  
Do you think they are signs of memory loss or just  
normal memory lapses?**

You can't recall what you've just read, even though you only read it a few minutes ago.



**Speaking II: Read the following points and decide:  
Do you think they are signs of memory loss or just  
normal memory lapses?**

You need to write a shopping list  
in order to remember all the  
things you need to buy at the  
supermarket.



**Speaking II: Read the following points and decide:  
Do you think they are signs of memory loss or just  
normal memory lapses?**

You check your diary to see what time you're meeting a friend tomorrow, and you see it's in fact next week.





**Speaking II: Read the following points and decide:  
Do you think they are signs of memory loss or just  
normal memory lapses?**

You lose your phone, keys, and wallet etc. so often that it gets in the way of your day-to-day life.



**Bonus:** How many words can you make from the stem 'mem-'  
(for 'memory')?

mem-



# How Good is Your Memory?

Check out the printable version  
of this worksheet and teacher's  
insights at [ESLhome.es](https://www.eslhome.es)

